

## Other Services

Dave Ramsey Online Resources  
[www.daveramsey.com](http://www.daveramsey.com)

Resources and education on budgeting, eliminating debt and planning for the future

Volunteer Lawyers Network (VLN)  
612-752-6677, [www.vlnmn.org](http://www.vlnmn.org)

Statewide civil and criminal expungement legal services available for low-income people through volunteer attorneys

[www.lawhelpmn.org](http://www.lawhelpmn.org)

Help for low-income people with a broad range of civil (non-criminal) legal matters.

## Pregnancy Resource Centers

Mora Crisis Pregnancy Center, Inc.  
(320) 679-4493  
114 Maple Ave West, Suite 2  
Mora, MN

Rum River Life Choices Center Princeton and Milaca  
320-983-3771  
1006 5th Street SE  
Milaca, MN

Pregnancy Resource Center  
(320) 629-2792  
315 Main St. S. Suite 20  
Pine City, MN

Options for Women Chisago County  
651-674-2121  
6344 Elm St  
North Branch, MN

Pregnancy Resource Center of Cambridge  
(763) 689-4319  
140 Buchanan St. N. Suite 138  
Cambridge, MN

Lakes Life Care Center  
651-464-4340  
840 W Broadway Ave, Ste 100  
Forest Lake, MN

## Emergency Services

Family Pathways Domestic/Sexual Violent Services  
800-338-SAFE (7233)

National Domestic Violence Hotline 24/7  
800-799-7233 Text BEGIN to 88788

Day One MN 1-866-223-1111 (24-hours)  
<https://dayoneservices.org/>  
Help and resources for victims of general crime, domestic violence, sexual assault, trafficking.

24/7 Mental health crisis and suicide prevention line  
Text 988

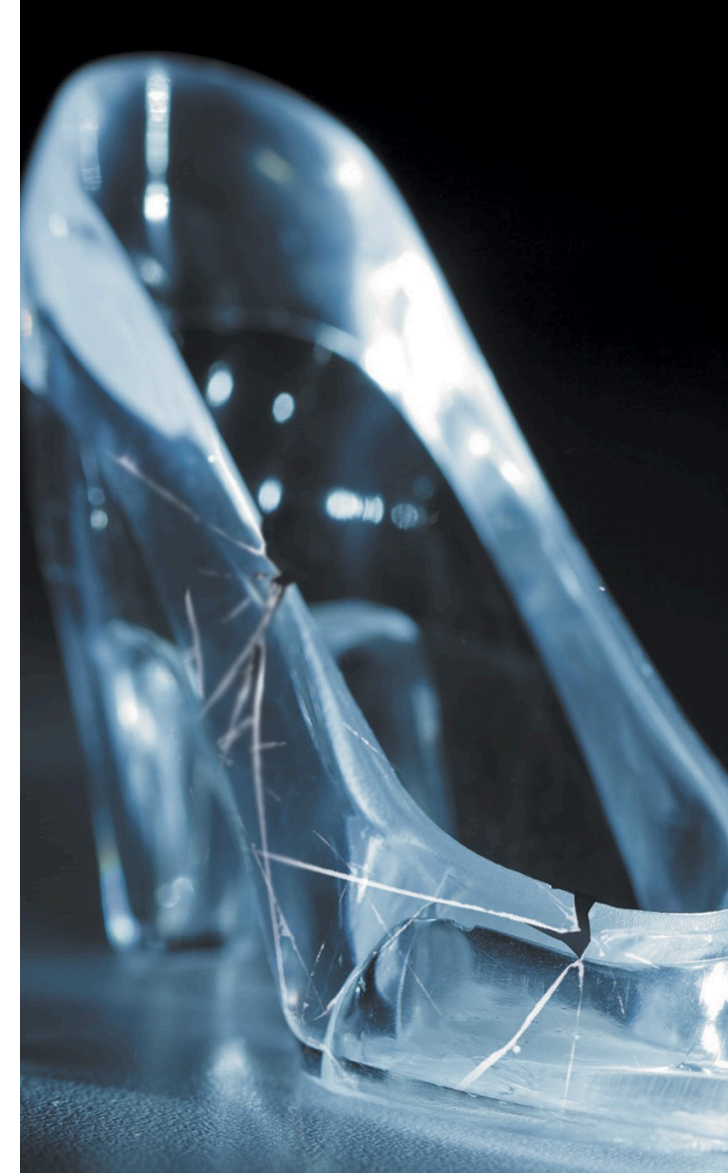
National Suicide Prevention line 1-800-273-8255

Warm Line (844) 739-6369  
[mnwitw.org/mnwarmline](http://mnwitw.org/mnwarmline)  
5pm - 9am (7 days a week/365 days a year)

<https://fasttrackermn.org/> Search tool for real time information and availability for behavioral/mental health services.

MN Adult & Teen Challenge  
612-464-2866  
Locations in Minneapolis, Alexandria, Brainerd, Duluth and Rochester.

For additional resources or to find a local Single Mom's group contact Amanda Jaeger-  
[skoldamanda@yahoo.com](mailto:skoldamanda@yahoo.com)



# Single Mom Resources

## East

## Housing

HRA by county look up

<https://www.hud.gov/states/minnesota/renting/hawebsites>

<https://www.mnhousing.gov/>

links to home ownership programs and rental programs.

<https://www.housinglink.org/>

Searchable website for subsidized housing

CommonBond Communities

<https://commonbond.org/>

Searchable website for affordable or supported housing.

Affordable Housing Online

[www.affordablehousingonline.com](http://www.affordablehousingonline.com)

Searchable website for affordable housing, Public Housing, Section 8, also has signup for alerts for wait list openings.

Central Minnesota Housing Partnership, Inc

(888) 203-9301

[www.cmhp.net](http://www.cmhp.net)

## Food

Fare for All

<https://www.thefoodgroupmn.org/groceries/fare-for-all>

Ruby's Pantry

<https://www.rubyspantry.org/find-location>

Cambridge Food Shelf (763) 552-3663

1575 1st Ave. E. Cambridge, MN 55008

Isanti County Food Pantry 763-689-1107

Contact Isanti County Family Services with questions, First Baptist Church 304 South Main Cambridge, MN 55008

Chisago City (651) 257-1308

10586 Liberty Lane Chisago City, MN 55013

Forest Lake (651) 464-2098

935 Lake St. S. Forest Lake, MN 55025

North Branch (651) 674-8313

6381 Main St. North Branch, MN 55056

Onamia (320) 532-7665

502 E Main St. Onamia MN, 56359

Pine City (320) 629-0128

220 7th St. SW. Pine City, MN 55063

Angels of Hope Food Shelf (320) 336-9191

(Plus Furniture and Appliances) 56395 Forest Blvd. Pine City, MN, 55063

Sandstone (320) 245-2485

314 Main St. Sandstone, MN 55072

Mora Food Pantry 320-679-5513

214 Northwest Railroad Avenue Mora, MN 55051

Ogilvie Food Shelf (320) 703-8025

225 East George Street Ogilvie, MN 56358

Braham Area Food Shelf (320) 425-9077

Braham Event Center

655 8th Street SW Braham, MN, 55006

Princeton Pantry (763) 633-3222

104 6th Avenue South Princeton, MN, 55371

Serves the Princeton school district including parts of Sherburne, Mille Lacs and Isanti counties.

Isle Area Food Shelf (952) 250-4467

205 1st Ave N. Isle, MN, 56342 Serves Isle, Isle School District, and Wahkon

Milaca Area Pantry (320) 982-3773

120 2nd Ave SW (Enter from 2nd Ave SW) Milaca, MN, 56353

## Basic Needs

[www.weareresourceful.org](http://www.weareresourceful.org)

Helping with health care, legal aid, food pantries, food delivery, housing transportation, counseling, dental care and more.

Bridge to benefits

<https://www.bridgetobenefits.org/ScreeningTool/Start> Website that takes basic information and determines eligibility for state and federal programs. Option to enter contact information and resources will contact you.

<https://minncap.org/local-agencies#interactivemap>

Community Action Partnerships offer a variety of programs including energy assistance, food support, housing, etc.

United Way 211 or 1-800-543-7709

Free, confidential help to find information for housing, food, clothing, tax assistance, family resources, healthcare, legal services, and much more!

The Salvation Army Northern Division

2445 Prior Ave N, Roseville, MN 55113

Aitkin, Kanabec, Pine-Kelly 218-608-0491

Mille Lacs-Donna Ortendahl-320-212-7579

Isanti and Southern MN- Tom Kuelbs 651-303-3508  
Utilities, food, housing, transportation, Back-to-School assistance, other emergency needs, summer camp for youth

Lakes and Pines CAC, Inc.

Address: 1700 E Maple Ave, Mora, MN 55051

Phone: (800) 832-6082

## For Kids

Help Me Connect

"A navigator connecting expectant families, families with young children (birth-8years old)

<https://www.thinksmall.org/> State Early Learning Scholarships 651.641.6604 Financial support up to \$5000 to help pay for high-quality early care and education

Imagination Library

<https://imaginationlibrary.com/check-availability/>  
Receive free books for children from birth to age 5, no matter their family income.

\*\*All PMAP and Minnesota Care policies have a car seat program. Call the number on the back of the child's card and ask 😊

UCare Insurance-[ucare.org/health-wellness/pregnancy-children-teens/seats-program](http://ucare.org/health-wellness/pregnancy-children-teens/seats-program)  
HealthPartners Insurance- [freecarseat.org](http://freecarseat.org)

Toys for Tots

<https://www.toysfortots.org/find-your-local-chapter/>

