

## Other Services

Dave Ramsey Online Resources  
[www.daveramsey.com](http://www.daveramsey.com)

Resources and education on budgeting, eliminating debt and planning for the future

Volunteer Lawyers Network (VLN)  
612-752-6677, [www.vlnmn.org](http://www.vlnmn.org)

Statewide civil and criminal expungement legal services available for low-income people through volunteer attorneys

[www.lawhelpmn.org](http://www.lawhelpmn.org)

Help for low-income people with a broad range of civil (non-criminal) legal matters.

Southern Minnesota Regional Legal Services  
[www.smrls.org](http://www.smrls.org) or 888-575-2954

Laundry Love- Free laundry service for low-income

· New Ulm - Megawash Maytag Laundry 1702 Westridge Rd, Suite 54, New Ulm, MN 56073

· Sleepy Eye Laundromat, 211 Main St. W, Sleepy Eye MN 56085.

## Pregnancy Resource Centers

Options for Women  
507-625-2229

11 Civic Center Plaza, Suite 01  
Mankato, MN

First Choice Pregnancy Services  
507-359-9800

1223 S Broadway St  
New Ulm, MN

Options Pregnancy Center  
(507) 238-2330  
322 E Blue Earth Ave  
Fairmont, MN

## Emergency Services

National Domestic Violence Hotline 24/7  
800-799-7233 Text BEGIN to 88788

Day One MN 1-866-223-1111 (24-hours)  
<https://dayoneservices.org/>

Help and resources for victims of general crime, domestic violence, sexual assault, trafficking.

24/7 Mental health crisis and suicide prevention line  
Text 988

National Suicide Prevention line 1-800-273-8255

Warm Line (844) 739-6369  
[mnwitw.org/mnwarmline](http://mnwitw.org/mnwarmline)  
5pm - 9am (7 days a week/365 days a year)

<https://fasttrackermn.org/> Search tool for real time information and availability for behavioral/mental health services.

Ivy House (507) 766-6925  
24 hour care and material support for children ages 0-10

Numas Haus- NUMAS Haus provides emergency shelter and support services to homeless women and their children primarily in the Brown County, Minnesota area.  
507-359-2202

CADA- Free and confidential services. Emergency Shelter, Community Advocacy, Keep Me Safe Parenting

Blue Earth County - 507-625-8688

Brown County - 507-233-6663

Faribault County - 507-526-5275

Brown County - 507-233-6666

Le Sueur County - 507-934-5583

Martin County - 507-399-2001

Nicollet County - 507-934-5583

Sibley County - 507-233-6666

Waseca County - 507-835-7828

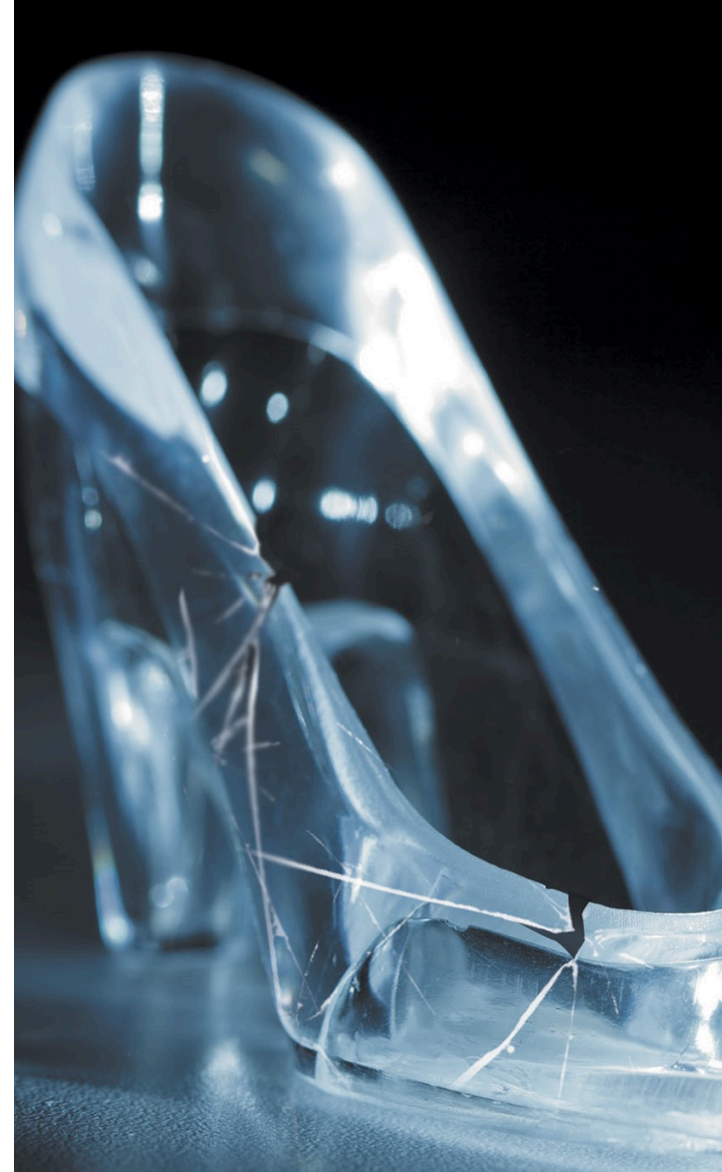
Watsonwan County - 507-375-3040

Talk with an advocate: 24-hour helpline - 1-800-477-0466  
Text an advocate - 507-223-4200

MN Adult & Teen Challenge  
612-464-2866

Locations in Minneapolis, Alexandria, Brainerd, Duluth and Rochester.

For additional resources or  
to find a local Single  
Mom's group contact  
Amanda Jaeger-  
[skoldamanda@yahoo.com](mailto:skoldamanda@yahoo.com)



# Single Mom Resources

South Central

## Housing

HRA by county look up  
<https://www.hud.gov/states/minnesota/renting/hawebsites>

<https://www.mnhousing.gov/>  
links to home ownership programs and rental programs.

<https://www.housinglink.org/>  
Searchable website for subsidized housing

CommonBond Communities  
<https://commonbond.org/>  
Searchable website for affordable or supported housing.

Affordable Housing Online  
[www.affordablehousingonline.com](http://www.affordablehousingonline.com)  
Searchable website for affordable housing, Public Housing, Section 8, also has signup for alerts for wait list openings.

## Food

Fare for All  
<https://www.thefoodgroupmn.org/groceries/fare-for-all>

Ruby's Pantry  
<https://www.rubyspantry.org/find-location>

New Ulm Food Shelf -1305 S Valley St, New Ulm, MN (507) 354-7668 [newulmfoodshelf@gmail.com](mailto:newulmfoodshelf@gmail.com) \*Must belong to School District 88

## For Kids

Help Me Connect  
"A navigator connecting expectant families, families with young children (birth-8years old)

<https://www.thinksmall.org/> State Early Learning Scholarships 651.641.6604 Financial support up to \$5000 to help pay for high-quality early care and education

Imagination Library  
<https://imaginationlibrary.com/check-availability/>  
Receive free books for children from birth to age 5, no matter their family income.

\*\*All PMAP and Minnesota Care policies have a car seat program. Call the number on the back of the child's card and ask 😊

UCare Insurance-[ucare.org/health-wellness/pregnancy-children-teens/seats-program](http://ucare.org/health-wellness/pregnancy-children-teens/seats-program)  
HealthPartners Insurance- [freecarseat.org](http://freecarseat.org)

Toys for Tots  
<https://www.toysfortots.org/find-your-local-chapter/>

## Basic Needs

[www.weareresourceful.org](http://www.weareresourceful.org)  
Helping with health care, legal aid, food pantries, food delivery, housing transportation, counseling, dental care and more.

Bridge to benefits  
<https://www.bridgetobenefits.org/ScreeningTool/Start>  
Website that takes basic information and determines eligibility for state and federal programs. Option to enter contact information and resources will contact you.

<https://minncap.org/local-agencies#interactivemap>  
Community Action Partnerships offer a variety of programs including energy assistance, food support, housing, etc.

United Way 211 or 1-800-543-7709  
Free, confidential help to find information for housing, food, clothing, tax assistance, family resources, healthcare, legal services, and much more!

Blessed Bottoms 1N Broadway New Ulm, MN 56073  
Phone: (507) 354-3358

Blessed Bottoms Diaper Assistance | [firstumc.org](http://firstumc.org)  
([firstumcnewulm.org](http://firstumcnewulm.org))  
• Provide diapers and infant hygiene items to families living or working within New Ulm School District ISD 88

Minnesota Valley Action Council  
[www.mnvac.org](http://www.mnvac.org)  
For energy assistance, employment, childcare, housing, finances, and more.  
Blue Earth County  
706 North Victory Drive, Mankato, MN 56001  
1.800.767.7139 or 345.6822 [lynn@mnvac.org](mailto:lynn@mnvac.org)  
CareerForce  
Center 12 Civic Center Plaza, Mankato, MN 56001  
507.344.2622

Brown County  
MVAC/CareerForce Center 1618 S. Broadway, New Ulm, MN 56073  
507-508-4041 [azimmerman@mnvac.org](mailto:azimmerman@mnvac.org)

Sibley County  
P.O. Box 87 110 6th St., Gaylord, MN 55334  
507-237-2981 [bhahn@mnvac.org](mailto:bhahn@mnvac.org)

Watonwan County  
705 2nd Ave. S., St. James, MN 56081  
507-375-5748 [aflorez@mnvac.org](mailto:aflorez@mnvac.org)

