

Other Services

Dave Ramsey Online Resources
www.daveramsey.com

Resources and education on budgeting, eliminating debt and planning for the future

Volunteer Lawyers Network (VLN)
612-752-6677, www.vlnmn.org

Statewide civil and criminal expungement legal services available for low-income people through volunteer attorneys

www.lawhelpmn.org

Help for low-income people with a broad range of civil (non-criminal) legal matters.

Southern Minnesota Regional Legal Services
www.smrls.org or
888-575-2954

The Southwest MN Private Industry Council
swmnpic.org
507-476-4060

Adult and youth career services, trainings and resources.

Emergency Services

National Domestic Violence Hotline 24/7
800-799-7233 Text BEGIN to 88788

Day One MN 1-866-223-1111 (24-hours)
<https://dayoneservices.org/>
Help and resources for victims of general crime, domestic violence, sexual assault, trafficking.

Southwest Crisis Center
(Domestic abuse, sexual assault/abuse)
320 S Lake St, Worthington, MN
507-376-4311

24/7 Mental health crisis and suicide prevention line
Text 988

National Suicide Prevention line 1-800-273-8255

Warm Line (844) 739-6369
mnwitw.org/mnwarmline
5pm - 9am (7 days a week/365 days a year)

<https://fasttrackermn.org/> Search tool for real time information and availability for behavioral/mental health services.

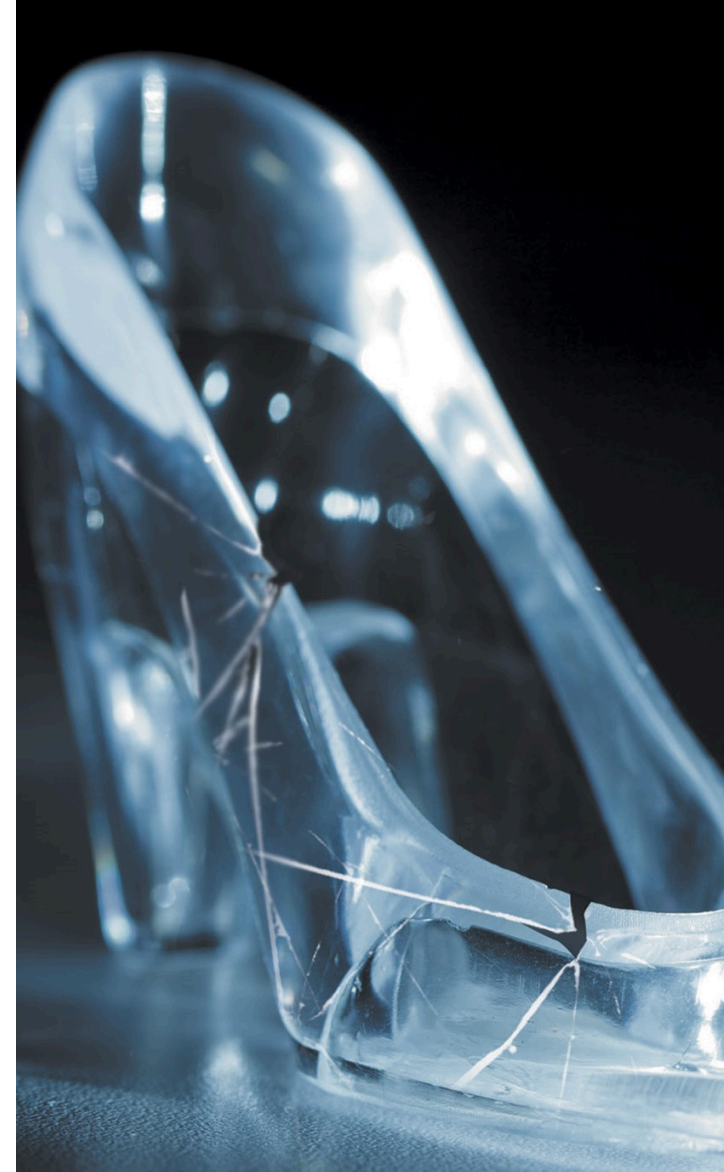
MN Adult & Teen Challenge
612-464-2866
Locations in Minneapolis, Alexandria, Brainerd, Duluth and Rochester.

Pregnancy Resource Centers

Choices Pregnancy Center
1212 E. College Drive Suite 2
Marshall, MN 56258
507-637-2534

Helping Hand Pregnancy Center
507-372-2111
910 3rd Ave.
Worthington, MN
www.helpinghandworthington.org

For additional resources or
to find a local Single
Mom's group contact
Amanda Jaeger-
skoldamanda@yahoo.com



Single Mom Resources

South West

Housing

HRA by county look up
<https://www.hud.gov/states/minnesota/renting/hawesites>

<https://www.mnhousing.gov/>
links to home ownership programs and rental programs.

<https://www.housinglink.org/>
Searchable website for subsidized housing

CommonBond Communities
<https://commonbond.org/>
Searchable website for affordable or supported housing.

Affordable Housing Online
www.affordablehousingonline.com
Searchable website for affordable housing, Public Housing, Section 8, also has signup for alerts for wait list openings.

United States Department of Agriculture Rural Development(housing, energy, etc)
1567 McMillian St, Worthington, MN
507-372-7783
<https://www.rd.usda.gov/programs-services>

Worthington Housing Authority
819 10th St, Worthington, MN
507-372-3655

Food

Fare for All
<https://www.thefoodgroupmn.org/groceries/fare-for-all>

Ruby's Pantry
<https://www.rubyspantry.org/find-location>

Worthington Christian Church Food Shelf
1501 N Douglas Ave, Worthington, MN
507-376-3418
www.worthingtonchristianchurch.com

Manna Food Pantry
230 Clary St, Worthington, MN507-329-1951

For Kids

Help Me Connect
"A navigator connecting expectant families, families with young children (birth-8years old)

Imagination Library
<https://imaginationlibrary.com/check-availability/>
Receive free books for children from birth to age 5, no matter their family income.

**All PMAP and Minnesota Care policies have a car seat program. Call the number on the back of the child's card and ask 😊

UCare Insurance-ucare.org/health-wellness/pregnancy-children-teens/seats-program
HealthPartners Insurance- freecarseat.org

Toys for Tots
<https://www.toysfortots.org/find-your-local-chapter/>

Basic Needs

www.weareresourceful.org
Helping with health care, legal aid, food pantries, food delivery, housing transportation, counseling, dental care and more.

Bridge to benefits
<https://www.bridgetobenefits.org/ScreeningTool>
Website that takes basic information and determines eligibility for state and federal programs. Option to enter contact information and resources will contact you.

<https://minncap.org/local-agencies#interactivemap>
Community Action Partnerships offer a variety of programs including energy assistance, food support, housing, etc.

United Way 211 or 1-800-543-7709
Free, confidential help to find information for housing, food, clothing, tax assistance, family resources, healthcare, legal services, and much more!

United Community Action Partnership
<https://www.unitedcapmn.org/>
1-800-992-1710
Programs and services to address meeting basic needs, education, employment training, transportation services, housing counseling, affordable housing solutions, emergency services, transportation, community economic development projects, after-school programs, weatherization, energy efficiency, asset-building, financial literacy, child development, and services and opportunities for returning military veterans, home-bound seniors and people with disabilities.

Lutheran Social Services
921 4th Avenue #1, Worthington, MN
507-376-5961 www.lssmn.org

Catholic Charities of Southern Minnesota
1234 Oxford Street, Worthington, MN
507-376-9757 www.ccsomn.org

