

Other Services

Dave Ramsey Online Resources
www.daveramsey.com

Resources and education on budgeting, eliminating debt and planning for the future

Volunteer Lawyers Network (VLN)
612-752-6677, www.vlnmn.org

Statewide civil and criminal expungement legal services available for low-income people through volunteer attorneys

www.lawhelpmn.org

Help for low-income people with a broad range of civil (non-criminal) legal matters.

Southern Minnesota Regional Legal Services
www.smrls.org or 888-575-2954

www.freewill.com to complete a free will that after notarization is legal binding

Laundry Love- Free laundry service for low-income
· New Ulm - Megawash Maytag Laundry 1702 Westridge Rd, Suite 54, New Ulm, MN 56073
· Sleepy Eye Laundromat, 211 Main St. W, Sleepy Eye MN 56085.

Energy Cents www.energycents.org/programs
Appliance protection programs

Pregnancy Resource Centers

Options for Women
507-625-2229

11 Civic Center Plaza, Suite 01
Mankato, MN

First Choice Pregnancy Services
507-359-9800

1223 S Broadway St
New Ulm, MN

Options Pregnancy Center
(507) 238-2330
322 E Blue Earth Ave
Fairmont, MN

Emergency Services

National Domestic Violence Hotline 24/7
800-799-7233 Text BEGIN to 88788

Day One MN 1-866-223-1111 (24-hours)
<https://dayoneservices.org/>

Help and resources for victims of general crime, domestic violence, sexual assault, trafficking.

24/7 Mental health crisis and suicide prevention line
Text 988

National Suicide Prevention line 1-800-273-8255

Warm Line (844) 739-6369
mnwitw.org/mnwarmline
5pm - 9am (7 days a week/365 days a year)

<https://fasttrackermn.org/> Search tool for real time information and availability for behavioral/mental health services.

Ivy House (507) 766-6925
24 hour care and material support for children ages 0-10

Numas Haus- NUMAS Haus provides emergency shelter and support services to homeless women and their children primarily in the Brown County, Minnesota area.
507-359-2202

CADA- Free and confidential services. Emergency Shelter, Community Advocacy, Keep Me Safe Parenting
Blue Earth County - 507-625-8688
Brown County - 507-233-6663
Faribault County - 507-526-5275
Brown County - 507-233-6666
Le Sueur County - 507-934-5583
Martin County - 507-399-2001
Nicollet County - 507-934-5583
Sibley County - 507-233-6666
Waseca County - 507-835-7828
Watsonwan County - 507-375-3040
Talk with an advocate: 24-hour helpline - 1-800-477-0466
Text an advocate - 507-223-4200

MN Adult & Teen Challenge
612-464-2866

Locations in Minneapolis, Alexandria, Brainerd, Duluth and Rochester.

For additional resources, to find a local single parent group, or events

www.sprs.life

South Central



Single Parents
Resources & Support

Housing

HRA by county look up
<https://www.hud.gov/states/minnesota/renting/hawebsites>

<https://www.mnhousing.gov/>
links to home ownership programs and rental programs.

<https://www.housinglink.org/>
Searchable website for subsidized housing

CommonBond Communities
<https://commonbond.org/>
Searchable website for affordable or supported housing.

Affordable Housing Online
www.affordablehousingonline.com
Searchable website for affordable housing, Public Housing, Section 8, also has sign up for alerts for wait list openings.

Food

Fare for All
<https://www.thefoodgroupmn.org/groceries/fare-for-all>

New Ulm Food Shelf -1305 S Valley St, New Ulm, MN (507) 354-7668 newulmfoodshelf@gmail.com *Must belong to School District 88

For Kids

Help Me Connect
"A navigator connecting expectant families, families with young children (birth-8years old)

<https://www.thinksmall.org/> State Early Learning Scholarships 651.641.6604 Financial support up to \$5000 to help pay for high-quality early care and education

Imagination Library
<https://imaginationlibrary.com/check-availability/>
Receive free books for children from birth to age 5, no matter their family income.

**All PMAP and Minnesota Care policies have a car seat program. Call the number on the back of the child's card and ask 😊

UCare Insurance-ucare.org/health-wellness/pregnancy-children-teens/seats-program
HealthPartners Insurance- freecarseat.org

Toys for Tots
<https://www.toysfortots.org/find-your-local-chapter/>

Basic Needs

www.weareresourceful.org
Helping with health care, legal aid, food pantries, food delivery, housing transportation, counseling, dental care and more.

Bridge to benefits
<https://www.bridgetobenefits.org/ScreeningTool/Start>

Website that takes basic information and determines eligibility for state and federal programs. Enter contact information and resources will contact you.

<https://minncap.org/local-agencies#interactivemap>
Community Action Partnerships offer programs including energy assistance, food support, housing, etc.

United Way 211 or 1-800-543-7709
Free, confidential help to find information for housing, food, clothing, tax assistance, family resources, healthcare, legal services, and more!

Diocese of New Ulm Catholic Pastoral Center
507-359-2966
Individual, Marriage, and Family Counseling, pregnancy counseling, Project Rachel (post abortion healing), emergency response services

Blessed Bottoms 1N Broadway New Ulm, MN 56073
Phone: (507) 354-3358
Blessed Bottoms Diaper Assistance (firstumcnewulm.org)
Provide diapers and infant hygiene items to families living or working within New Ulm School District

Minnesota Valley Action Council
www.mnvac.org
For energy assistance, employment, childcare, housing, finances, and more.
Blue Earth County
706 North Victory Drive, Mankato, MN 56001
1.800.767.7139 or 345.6822 lynn@mnvac.org

CareerForce
Center 12 Civic Center Plaza, Mankato, MN 56001
507.344.2622

Brown County
MVAC/CareerForce Center 1618 S. Broadway, New Ulm, MN 56073
507-508-4041 azimmerman@mnvac.org

Sibley County
P.O. Box 87 110 6th St., Gaylord, MN 55334
507-237-2981 bhahn@mnvac.org

Watonwan County
705 2nd Ave. S., St. James, MN 56081
507-375-5748 aflorez@mnvac.org

